

What Is a Gap Year?

Presented by Katherine Stievater



Wednesday, January 23, 7:00-8:00 PM

Grades 11– Adult

Ever wondered if taking a Gap Year is right for you? More and more, U.S. teens are considering their options before jumping right from high school to college. Rather than simply choosing among colleges, many of today's high school seniors are also beginning to defer the college experience – usually for a year. The Gap Year – which has been a standard practice in Europe for years – is growing rapidly in popularity here in the U.S. Experience has shown that 90% of students taking a Gap Year will enroll in a four year college, and be more focused, mature and ready to embrace college learning. There are so many choices, and there is no “perfect” Gap Year. However, it is important for students to make thoughtful choices, so their experience helps them grow as citizens, develop their passions, and become better thinkers.

Katherine Stievater, a Gap Year Advisor and Founder of [Gap Year Solutions](#), will explain why Gap Years are growing in popularity and how any student can benefit from a Gap Year. She will explain different Gap Year options and the Gap Year planning process, including how it relates to college planning. This program is especially geared to high school juniors and seniors and their parents.

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