
Discover Gap Years

Participate in Real World Learning

Students - have you ever felt like you are going, going, going, and sometimes not sure where or why? Did you



know that there are many benefits from taking a year off before entering the rigorous academics and unknown of college life?

In some high schools, up to 8% of the graduating class has decided to take a step off the traditional path, and defer college for a year.

What are the benefits of a Gap Year?

- Improved self-confidence and better decision making
- Increased engagement and focus during college
- Opportunity to discover new interests and develop skills
- Better understanding of yourself, and the world around you

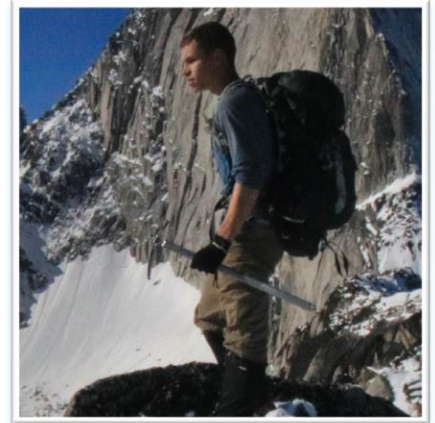
Is a Gap Year right for me?

There's a Gap Year for everyone! Each Gap Year experience is unique for every student. Some teens stay close to home. Some travel the world. Some combine work, service and travel, often funding travel with their own earnings. Gap Years can be built around any budget...there really are endless possibilities!

How can a Gap Year advisor help?

It is important for every student to be aware of the benefits of a Gap Year. For those interested in exploring options, Gap Year advisors help you identify your goals, and tailor a Gap Year plan to your budget and individual interests. A successful Gap Year depends on having some purpose, and a thoughtful plan.

For more information about how to get on the path to a life changing year, contact Katherine Stievater, Founder of Gap Year Solutions, at katherine@gapyearsolutions.com. Start your journey now!



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